

# 16 days China & Tibet Adventure Tour

Visit: Beijing, Xi'an, Lhasa, Shigatse, Chengdu,

Guilin, Shanghai

*There are many mountains in the world, but few have contained such a uniquely spiritual civilization as the Himalayas of Tibet. It's hardly surprising that in the bleak but majestic landscape of Tibet's highlands, the world of the spirit seems more real than the world of men. The silent landscapes of snow and ice, mountains, lakes and meadows have an unearthly beauty, inspiring veneration not only in the Tibetans for whom this beauty is a part of their everyday life, but in all those who experience it*

*This 16-day tour includes the most popular cities in China with mysterious Tibet and lets travelers within limited time explore these two different worlds in just one trip.*

**Day 01**

**Home-Beijing**

**Day 02**

**Arrive Beijings**

Arrive Beijing. Met by your guide and transfer to 4 star hotel

**Day 03**

**Beijing**

**( B-L-D )**

Start your tour with *Tian Anmen Square*, the largest public plaza in the world. On 1<sup>st</sup> October 1949, Chairman Mao Tsetung proclaimed to the whole the founding of the People's Republic of China. The *Forbidden City* which was the Imperial Palace for the Ming and the Qing Dynasty with 800 buildings and over 9,00 rooms. Visit the *Temple of Heaven*, which is considered as one of the most beautiful buildings in the world.

**Day 04**

**Beijing**

**( B-L-D )**

Visit the *Zoo* and the *Summer Palace* to see the second home of the Imperial Court. Followed by *the Great Wall* which is China's most famous landmark and the only man-made structure visible from outer space. It was built during the Qin Dynasty to protect the country from invaders with total length of 6,000 miles.

**Day 05**

**Beijing-Xi'an**

**( B-L-D )**

Morning flight to Xi'an-- ancient capital city of China for 11 dynasties. Wild Goose Pagoda, City Wall. Overnight at 4 star hotel

**Day 06**

**Xi'an**

**( B-L-D )**

A whole day tour to visit *Terra-Cotta Army Museum*, where 6,000 life-sized terra-cotta soldirs and horses guard the tomb of China's first emperor---Qinshihuang. It was uncovered by some peasants digging a well in 1974 and turned out to be the most important discovery of 20<sup>th</sup> century. Visit *Huaqing Hot Springs*. *Tang Dynasty Show*.

**Day 07**

**Xi'an-Lhasa**

**( B-L-D )**

Morning flight to Lhasa. Tibet has long exercised a unique hold on the imagination of the West: "Shangri-La", "the Roof of the World", Tibet is mysterious in a way that few other places are. Free afternoon for high altitude adjustment. Stay at 4 star hotel

- Day 08** **Lhasa** **( B-L-D )**  
 Visit the most imposing attraction of Tibet—*Potala Palace*, once the center of Tibetan government and the winter residence of the Dalai Lama. Followed by *Jokhang Temple*, the spiritual heart of the city. Visit *Barkor Street*—the most famous local market.
- Day 09** **Lhasa-Shigatse** **( B-L-D )**  
 Drive to Shigatse and stop at the famous *Yamdrak Yamtso Lake*, which gives you a contrasting picture of the Tibetan landscape. Overnight at 3 star hotel
- Day 10** **Shigatse-Lahsa** **( B-L-D )**  
 Morning visit to *Tashihunpo Monastery*, which still practises the art of making mandalas ( abstract meditation pictures ) of coloured sands. Its courtyard has a high tanka wall, on which the huge coloured pictures are unfurled in the sun during festivals. Drive back to Lahsa after lunch. Overnight at 4 star hotel
- Day 11** **Lahsa** **( B-L-D )**  
 Visit *Drepung Monastery* which dated back to the early 15<sup>th</sup> century. *Sera Monastery*, and *Norbulinka*-Summer resort for the Delai Lama. Local Tibetan family visit.
- Day 12** **Lahsa-Chengdu-Guilin** **( B-L-D )**  
 Fly to Guilin in the afternoon via Chengdu. Guilin is one of China's best-known cities on account of its beautiful landscape of limestone mountains. Overnight at 4 star hotel
- Day 13** **Guilin** **( B-L-D )**  
 A whole day luncheon cruise on the crystal clear water of the picturesque *Li River* lined with facination limestone rocks. Followed by a trip to *Elephant Trunk Hill*.
- Day 14** **Guilin-Shanghai** **( B-L-D )**  
 Visit *Reed Flute Cave*, which, with its multi-colored lighting and fantastic stalactities and stalagmites, resembles a set from "Journey to the center of Earth". Afternoon flight to Shanghai—" Paris of the Orient". Overnight at 4 star hotel
- Day 15** **Shanghai** **( B )**  
 Free day on your own to shop or explore this fascinating city.
- Day 16** **Shanghai-Home** **( B )**  
 Transfer to the airport and fly home.